

Clinical Application of Physiologic BHRT

Date: Friday, March 12, 2010
Time: 4:00 pm - 4:25 pm Registration
4:30 pm - 9:00 pm Program / Hors d'oeuvres
Location: Lake Tahoe School Media Room
995 Tahoe Blvd * Incline Village, NV 89451

This program is designed to provide practitioners an insight to parameters and protocols to using bioidentical hormones in clinical practice to achieve hormone restorative balance.

Topics will include:

- The controversy surrounding the use of bioidentical hormones
- Comparison of the effects and risks of conventional and bioidentical therapies
- Methods and clinical considerations in obtaining physiologic hormone restoration and balance, including
 - Dosing principles and guidelines
 - Assessment and monitoring of patient symptoms and levels
 - Converting patients from conventional to bioidentical therapies
 - Considerations for topical hormone administration
 - Estrogen production, metabolism, and choices for therapy

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Tahoe Compounders:
Don's Pharmacy
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ZRT Laboratory

Friday Registration Fee: \$59

(Fee includes hors d'oeuvres, CME and program materials)

**Earn up to 4.0 CME (cat.1),
CNE, CPE Credits**

A Functional Approach to Assessment & Treatment of Adrenal Dysfunction and Hypothyroidism

Date: Saturday, March 13, 2010
Time: 7:30 am - 7:55 am Registration / Continental Breakfast
8:00 am - 12:30 pm Program
Location: Austin's Restaurant
7671 South Virginia * Reno, NV 89511

The program is designed to provide the practitioner an understanding of the underlying causes of subclinical hypothyroidism as well as useful clinical tools to determine where physiologic and pharmacological problems may be occurring. In addition, this program will discuss the health ramifications, and assessment and treatment options for treating various stages of adrenal dysfunction.

Topics will include:

- Production, metabolism, binding and receptor function for thyroid hormones
- Understanding the limitations in use and interpretation of standard thyroid testing
- Using standard thyroid testing to differentiate hypothyroidism, functional hypothyroidism, and functional hypometabolism
- Treatment considerations for low thyroid hormone production, poor metabolism, excessive hormone binding, and poor thyroid receptor function
- Basic review of the physiology of the adrenal glands
- Signs and Symptoms of hypoadrenalism and adrenal insufficiency
- Clinical Assessment of adrenal function
- Treatment considerations and options for various stages of adrenal dysfunction

Saturday Registration Fee: \$59

(Fee includes continental breakfast, CME and program materials)

**Earn up to 4.0 CME (cat.1),
CNE, CPE Credits**

Best Value!
Register both days for \$99!

Jim Paoletti, RPh, FAARFM, Director of Provider Education at ZRT Laboratory



Jim has over 25 years experience with bio-identical hormone therapies both in clinical practice as a pharmacy consultant, educator and educational program developer. He is on the faculty and a graduate of the Fellowship of Anti-aging and Functional Medicine. Jim has lectured extensively and internationally on all aspects of BHRT, (including dosage forms and guidelines, testing and monitoring effectiveness, lifestyle and nutritional influences on BHRT outcomes, adrenal and thyroid hormones, and patient consultation) to medical practitioners and consumers, and has several articles published on BHRT and compounding pharmacy issues.

Register online at www.tahoecompounders.com or contact Sierra Compounding (775) 853-3500 or fill out form completely and fax to (775) 853-3501 or email: sierra@tahoecompounders.com

Seating is limited! Please register by Monday, March 8, 2010

I would like to attend:

- | | | |
|---|--|-------------|
| <input type="checkbox"/> Friday, March 12, 2010 | Clinical Application of BHRT (Incline Village) | \$59 |
| <input type="checkbox"/> Saturday, March 13, 2010 | Thyroid and Adrenals (Reno) | \$59 |
| <input type="checkbox"/> Both days | Best Value! | \$99 |

Name _____

Practice Name _____

Address _____

City, State, Zip _____

Phone _____ Email _____

Amount _____ (Refreshments, breakfast, CME and materials are included in the registration fee)

Cardholder Name _____

Visa Mastercard Discover American Express

Credit Card # _____ Exp Date _____

Signature _____



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